

# The International Index of Erectile Function Questionnaire (IIEF)

**Please complete and bring this questionnaire to your appointment (circle your answers and add up the total).**

## **The first five questions refer to erectile function**

1. Over the last month, how often were you able to get an erection during sexual activity?

- 0 No sexual activity
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q2. Over the last month, when you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- 0 No sexual activity
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q3. Over the last month, when you attempted intercourse, how often were you able to penetrate your partner?

- 0 No sexual activity
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q4. Over the last month, during sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?

- 0 No sexual activity
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q5. Over the last month, during sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- 0 No sexual activity
- 1 Extremely difficult
- 2 Very difficult

- 3 Difficult
- 4 Slightly difficult
- 5 Not difficult

**The next three questions refer to satisfaction with intercourse**

Q6. Over the last month, how many times have you attempted sexual intercourse?

- 0 No attempts
- 1 1-2 times
- 2 3-4 times
- 3 5-6 times
- 4 7-10 times
- 5 11-20 times

Q7. Over the last month, when you attempted sexual intercourse how often was it satisfactory for *you*?

- 0 Did not attempt intercourse
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q8. Over the last month, how much have you enjoyed sexual intercourse?

- 0 No intercourse
- 5 Very highly enjoyable
- 4 Highly enjoyable
- 3 Fairly enjoyable
- 2 Not very enjoyable
- 1 No enjoyment

**The next two questions refer to orgasmic function**

Q9. Over the last month, when you had sexual stimulation or intercourse, how often did you ejaculate?

- 0 No sexual stimulation/intercourse
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q10. Over the last month, when you had sexual stimulation or intercourse, how often did you have the feeling of orgasm (with or without ejaculation)?

- 0 No sexual stimulation/intercourse
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

**The next two questions ask about sexual desire. In this context, sexual desire is defined as a feeling that may include wanting to have a sexual experience (for example masturbation or sexual intercourse), thinking about having sex, or feeling frustrated due to lack of sex.**

Q11. Over the last month, how often have you felt sexual desire?

- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q12. Over the last month, how would you rate your level of sexual desire?

- ➡ 5 Very high
- ➡ 4 High
- ➡ 3 Moderate
- ➡ 2 Low
- ➡ 1 Very low or not at all

**The next two questions refer to overall sexual satisfaction.**

Q13. Over the last month, how satisfied have you been with your overall sex life?

- ➡ 5 Very satisfied
- ➡ 4 Moderately satisfied
- ➡ 3 About equally satisfied and dissatisfied
- ➡ 2 Moderately dissatisfied
- ➡ 1 Very dissatisfied

Q14. Over the last month, how satisfied have you been with your sexual relationship with your partner?

- ➡ 5 Very satisfied
- ➡ 4 Moderately satisfied
- ➡ 3 About equally satisfied and dissatisfied
- ➡ 2 Moderately dissatisfied
- ➡ 1 Very dissatisfied

**The last question refers to erectile function**

Q15. Over the last month, how do you rate your confidence that you can get and keep your erection?

- 5 Very high
- 4 High
- 3 Moderate
- 2 Low
- 1 Very low

**What the Scores Mean**

All the questions break down into five specific areas, as follows. Add your scores to the appropriate column.

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Area	Questions	Score Range	Maximum Score	Your Score
Erectile Function	1-5 & 15	0-5	30	
Orgasmic Function	9-10	0-5	10	
Sexual Desire	11-12	1-5	10	
Intercourse Satisfaction	6-8	0-5	15	
Overall Satisfaction	13-14	1-5	10	

