

COVID-19

On December, 2019

a new disease appeared

to cause a pandemic

named COVID-19.

In China was on

for first time in world

and SARS-CoV-2 was found

in infected people around.

Easily transmitted

by sneezing drops,

as well as cough

of patients infected.

It's a viral illness

caused by a crowned germ.

It's not new or unknown,

but a severe sickness.

Death increases per day,

virus widely transmits,

in people without limits,

and strongly affects elder age.

Lungs are invaded

by the virus involved
in this acute condition
with oxygen restriction,
shortness of breath, acidosis,
and finally chronic fibrosis.

Inflammatory reactions,
mediated by an immune storm
get worse its prognosis
by causing severe complications.

Hypertensive populations,
Diabetics and immunosuppressed
are prone to severely suffer
terrible systemic implications.

All world is hit
no matter culture or belief,
There is no relief
for those who face it
and work constantly
to set the world free.

The only vaccine,
the only medicine
is to protect yourself
and avoid transmission

taking care of others,
giving so much love,
peace, harmony and joy,
not hurting anyone,
and start believing,
We should fight as one.

When the disease has gone,
all differences should be blocked,
sorrow should be locked,
science should advance,
as well as human essence
and only this way,
the pandemic will control
and peace will return.

Autor: Dr. Carlos Javier Perdigón Portieles